# **EZZI-LIFT BODY PROTOCOLGUIDE**

# **Upper Arm**

### **PROTOCOL**

Treatment Type	Treatment Time	What You Will Need
Commercial use	50 minutes	2 (a) Ezzi-lift microcurrent device (b) Adhesive electrode pads
Personal use	100 minutes	1 (a) Ezzi-lift microcurrent device (b) Adhesive electrode pads

\*Lead wires are needed to connect pads (sold separately).



#### 1. PLACETHE PADS

Place 4 pads, per device, along the right upper arm in the pattern shown in the top box. **Pads with the same number attach to a single lead wire.** 



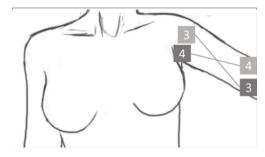
## 2. SELECT A MODE

Select Face Stimulation mode. Adjust power to a comfortable setting. Run Face Stimulation for 25 minutes. After 25 minutes, turn off microcurrent device and remove pads.



#### 3. REPOSITION THE PADS

Reposition 4 pads, per device, along the left upper arm as shown in the bottom box. **Pads with the same number attach to a single lead wire.** 





#### 4. SELECT A MODE

Select Face Stimulation mode. Re-adjust power to a comfortable setting. Run Face Stimulation for 25 minutes. After 25 minutes, turn off microcurrent device and remove pads.

REMINDER: New pads must be used for each client. However, a client's personal pads may be used again for that client. Use a marker to put client's name on pads.





